

2009 Prevention Trust Fund Awards

3rd JD - Shawnee County Family Resource Center 154 points

Community Service Program (4th year) \$50,195 (3rd year) \$58,561.50 (2nd year) \$66,927 (1st year) \$66,927

The purpose of Community Service Program is to decrease risk factors and increase protective factors for Shawnee County student's who are at risk of academic failure or who have been expelled or suspended from school. Students who participate in the program have the opportunity to complete academic credits; participate in therapeutic life skills groups; be trained in service learning and complete community service hours; have a social work assessment with access to appropriate community resource referrals and case management services provided; and be assessed and referred for on-site drug and alcohol treatment as needed. Students attending the Community Service Program are determined by the schools as at risk for academic failure or long-term suspended (30 days or longer) or expelled from a traditional school setting. Students range in age from 12-18 years and are enrolled in grades 7-12. The program will serve a minimum of 48 students referred from any of three Shawnee County suburban school districts – Shawnee Heights, Seaman or Auburn-Washburn Rural. Each school district is purchasing 8 seats at a cost of \$4,374 for a total of \$118,098. They have also expanded the target population to serve students who are at risk of academic failure.

Budget:	\$41,000	1.0 FTE Program Coordinator
	9,195	Fringe Benefits

18th JD - Mental Health Association of South Central Kansas 153.7 points

Pathways (4th year) \$30,000 (3rd year) \$34,300, (2nd year) \$40,000, (1st year) \$40,000)

The Mental Health Association of South Central Kansas (MHASCK) is expanding the Pathways Program by 300 children and youth(c/y), ages 11 to 18, in Sedgwick County. C/y participants will be identified as having risk factors for juvenile delinquency, and will be referred by teachers and others who work with them in community agencies. They will participate in groups of 10-15 in ten to twelve 45 minute weekly sessions, utilizing Life Skills Training. Pre- and post-testing will be conducted; teachers and parents will be asked to complete satisfaction surveys. The overall goal is to reduce risk factors for juvenile delinquency and substance abuse, as well as to increase protective factors, including commitment to school and positive problem-solving competencies, utilizing evidence-based practices, focused on addressing Communities That Care risk factors in youth. Life Skills Training is a recognized evidence based program by several national registries.

Budget:	\$20,648	.35 FTE Program Director
		Program Facilitator 48 weeks x 12 hours/wk x \$10.50
	4,513	Fringe Benefits
	1329	Travel
	3510	Indirect Cost .17%

3rd JD - Girl Scouts of NE Kansas and NW Missouri Girls Scouts Beyond Bars 152 points (4th year) \$25,000 (3rd year) \$32,797 (2nd year) \$47,232 (1st year) \$51,232

The goals of the Girl Scouts Beyond Bars program are: 1) Reducing the trauma associated with being separated from a incarcerated mother 2) Nurturing and in some cases re-establishing the mother-daughter relationship 3) Help daughters and mothers develop personal strengths and confidence to aid them in making positive decisions in the future.

Girl Scouts Beyond Bars provides girls a bi-monthly opportunity to visit their mothers incarcerated at the Topeka Correctional Facility and take part in a mother/daughter Girl Scout meeting. Troop meeting activities are based on Beyond Bars a Curriculum for Life with such topics as the arts, literacy, physical fitness and body image, character building, and leadership. In addition the girls and their mothers have facilitated discussions about family life, violence, and drug abuse prevention. The program is serving girls residing in 24 different communities across the state. There are currently 120 girls participants and 80 mothers participating in the program. In addition, weekly training is provided to mothers on leadership development, education in all risk areas, parenting education and preparation for a successful reentry.

Budget:	\$17,015	.625 FTE program manager
		.25 FTE Membership Manager
		.50 FTE Director of Membership Outreach
	3,850	Fringe Benefits
	900	Travel transport girls to Topeka 2X a month
	2,270	Office Supplies
	965	Curriculum

18th JD - Rainbows United, Inc. "Preschool Parent Coach Project" 148 points formerly "Proud of Me" Therapeutic Preschool Project (4th year) \$31,431 (3rd year) \$47,146 (2nd year) \$62,862 (1st year) \$62,862

The "Preschool Parent Coach Project" has expanded to serve children from 12 early childhood providers in Wichita as opposed to only the "Proud of Me Therapeutic Preschool". 28 children will be served as opposed to 16. The Parent Coach will increase school readiness and pro-social skills among Sedgwick County children with serious emotional disturbance (SED) using a Positive Behavior Support (PBS). Children between 3 and 5 will be targeted whose behavior puts them at risk of being expelled from a preschool or child care placement. A parent coach will work intensively with families to provide family support and education promote carryover of skills learned in the center, develop home behavior management programs, and provide opportunities for parents to come together for education, guidance and mutual support. PBS has been adopted by the Kansas Children's Cabinet as an evidence based program.

The PTF grant will support the parent coach and other non-billable services that are integral components of a service delivery model that effectively partners with and actively engages families to achieve desired outcomes.

Budget:	\$26,480	Full-time Parent Coach
	4,766	Fringe Benefits
	185	Supplies

21st JD - Regional Prevention Center of Northeast Kansas 146 points

***Youth as Resources* (4th year) \$23,870 (3rd year) \$26,440 (2nd year) \$19,440 (1st year) \$33,161**

Youth as Resources (YAR) is a community based program that provides small grants to young people to design and carry out service-learning projects. These projects address social problems and contribute to community involvement and improvement. YAR gives youth the opportunity to engage in alternative programs while developing skills and becoming positively involved in the community.

Based on the Communities That Care model, youth who contribute in meaningful ways to their communities and get recognized for their efforts are less likely to engage in high-risk behaviors. Through service-learning projects, youth participants will begin to bond with the community and its members, making the choice of engaging in high-risk behaviors more difficult. Youth gain experience in leadership, teamwork and commitment, while communities gain strong partnerships between youth and adults, as well as an invaluable resource of youth energy and determination.

Young people identify a problem in their community and design a project to combat the issue. Once they have designed the project, the youth complete a grant application requesting funding from Youth as Resources, and present their proposals at an advisory board meeting. The advisory board, which is comprised of 75% youth and 25% adults, is then solely responsible for discussing and making decisions about the project. If funded, the requesting youth are provided with money to complete their project, and are responsible for completing and submitting all necessary contracts and paperwork throughout the process. All projects must have an adult advisor, but the adult may only provide supervision, and may not serve as a key participant in the project or completing paperwork.

The Regional Prevention Center of Northeast Kansas will no longer employ a full time YAR Coordinator and will train county YAR advisory boards to be self-sustaining coalitions and provide youth more opportunity for leadership. Currently YAR is available in Geary, Pottawatomie, Riley and Wabaunsee counties. A new Board will be established in Clay County in 2008. It is anticipated over 750 youth will participate in YAR activities in 2008.

Budget:	\$1370	Supplies
	20,000	Grants Awarded to Youth
	1,500	Advisory Board Expenses
	1,000	Indirect Cost

3rd JD - Family Service and Guidance Center of Topeka 143.3 points

***The PEACE Keepers School Violence Prevention Program* (4th year) \$3,586 (3rd year) \$4,050 (2nd year) \$5,383 (1st year) \$7,665**

The PEACE Keepers Program is a semester long group facilitated by trained Family Service and Guidance Center staff that will serve at least 20 children in 3rd through 5th grade at Quentin Heights Elementary School (USD 501, Topeka). Participants will be children who are at risk for engaging in acts of school violence or who have committed a violent act at school. PEACE Keepers will use the Peace Works curriculum an OJJDP recognized evidence based program.

Participants interact with one another and the Group Leaders through role-playing and peer-to-peer interaction. Critical skills that enable children to avoid violence are taught in a safe, structured, and supervised setting. By developing coping and problem-solving skills through interactive exercises, PEACE Keepers offers children the opportunity to connect to their schools and communities through nonviolent, proactive approaches to conflict and anger.

Proposed outcomes include a 80% program completion rate as well as increases in participants' ability to appropriately express emotions, ability to interact positively with peers, ability to appropriately handle aggression, improvement in decision-making skills, and increased knowledge of anger management techniques and strategies. Participants will also avoid school suspension and involvement in school-related discipline incidents.

Budget:	\$2,502	.154 FTE for Group Leaders	.02 FTE for Project Director
	537	Fringe Benefits	
	192	Travel	
	375	Supplies	

5th JD - USD 253 131 points

***Project QUEST* (4th year) \$52,500 (3rd year) \$61,250, (2nd year) \$70,000 (1st year) \$70,000**

The Emporia Public Schools, through Project QUEST will collaborate with community partners to address prevention of delinquency as related to academic failure, antisocial behavior, lack of social skills and opportunities for positive involvement by reducing the number of youth ages 10-14 that have unstructured and unsupervised free time.

The after school programs will be provided at Lowther Intermediate schools (grades 5/6) and Emporia Middle School (grades 7/8). The total number of students offered services will be 1,411. Students targeted for structured academic remediation through a formal referral process will be the 10 - 12% with the greatest needs. 80% of others referred by school staff, service agencies, and parent and self-referral for antisocial behavior and academic intervention will also be targeted. All students will be offered academic intervention through tutoring, and homework help, and activities encompassing youth development, academic enrichment, career awareness, and community service-learning.

The expected outcomes include: 40% of student population attending 30 days or more and reporting satisfaction; 75% of those exhibiting no suspensions, no excessive absenteeism, reduced substance use, and improved GPA.

Budget:	\$50,474	2 full time site coordinators (195 day contract)
	2,026	Fringe Benefits (partial)

Big Brother/ Big Sisters of Sedgwick County “Bigs in School” 1st year \$48,462
Avg. Score 157

Big Brothers Big Sister of Sedgwick County (BBBS), through the expansion of the Bigs in Schools (BIS) mentoring program will collaborate with the community partners to serve an additional 65 Sedgwick County at-risk youth ages five to 17 years old. The purpose of this school-based mentoring program is to reduce the potential delinquent behavior of youth by recruiting caring adult volunteers to serve as one-on-one mentors. Children served by the BIS program are among the most disadvantaged in the state: 80% living in single-parent home, 70% live in families with income at or below the poverty level, 50% live in families with alcohol or drug addictions backgrounds, and 40% are abused or neglected. In the BIS program, mentors meet once a week during the lunch hour with the youth at their school to develop a positive mentoring relationship. As a result of the Bigs in Schools program at-risk youth will decrease drug, alcohol, and tobacco usage, improved school performance, and decrease anti-social behaviors. (BIS) is BBBS's newest mentoring program and follows the primary and secondary delinquency prevention strategies outlined in the Sedgwick County Juvenile Community Plan. BBBS is a recognized mentoring program in the Community Plan last updated in April 2007. Youth with multiple risk factors are the primary participants in the BIS program, including

youth with family members involved with the criminal justices systems, youth who lack commitment to school, youth who demonstrate antisocial behavior, and youth who are failing academically. Funds will employ two full time case managers' \$11.62/hour including fringe benefits and travel and background checks on 65 volunteers. OJJDP Model Programs Guide rates Big Brothers/Big Sisters' Bigs in Schools program as "effective".

Budget:	\$48,340	2 FTE case managers 11.62/hr 75%
	11,764	Fringe Benefits 75%
	2,626	Travel 75%
	1,885	Background Checks 75%

Episcopal Social Services "Aggression Replacement Training" 1st year \$ 18,188
Avg. Score 156.8

The Aggression Replacement Training Program is a multimodal cognitive behavioral intervention designed to alter the behavior of chronically aggressive adolescents and young children. The program uses repetitive learning techniques to teach participants to control impulsiveness and anger and to use more appropriate behaviors with the purpose of improving social skill competence, anger control and moral reasoning. The goals of the ART program are to reduce the number of youth who re-offend in the community and enhance pro-social skills in program participants. The 10-week, 30 hour program is delivered in a group setting to youth 12 to 17 years old, by a trained facilitator. For Fy2009, ESS plans to offer five programs sessions, serving 8 to 12 youth per session or approximately 50 youth. The program targets youth between the ages of 12-17, who have a history of displaying anti-social behaviors, have previously committed a juvenile offense and are Sedgwick County Juvenile Diversion Program, Sedgwick County Juvenile Intake and Assessment and local youth service agencies. Referrals from surrounding counties will be considered on a case-by-case basis. Funds will be used to pay MS trained group facilitator and a student intern, Wichita State University will be contracted to conduct an evaluation for \$2500. Students/Families will need to pay a \$75 program fee to participate. OJJDP Model Program Guide rates ART as an "effective" program. ART is also endorsed by NIJ: What Works.

Budget:	\$12,250	Group Facilitator 16 hrs/wk \$20/hr
		Student assistant 3 hrs/wk \$15/hr
	1,267	Fringe Benefits
	1,431	Consultants (audit and evaluation)
	3,240	Administrative Cost

USD 383 Manhattan – Ogden Parents as Teachers 1st year \$16,804
Average Score 140.4

This grant proposes to expand the Parents as Teachers (PAT) programs developed in the Riley County Early Childhood Programming that began with the first Juvenile Prevention Trust Grant in 2000. PAT has looked at community needs and gaps in services to children. In the initial grant identified a need for more child care provider training and an expansion of PAT 3-5 services.

With the Smart Start funds for Child Care Assistance in Riley County, child care training issues have been (and continue to be) addressed. PAT services are still needed, not only for the 3-5 program, but for the birth -3 program as well. The PAT program continues to see waiting list of 40 to 50 families. Many of these families exhibit the following risk factors: high levels of transitions and mobility, low levels of family support structure, and poor family management skills. These families have children who fall within both our birth to three program and our three to kindergarten entry programs. With this grant, PAT would fund an additional Parent Educator to serve 30 families, from the waiting lists who exhibit the afore mentioned risk factors. Families with children aged birth to kindergarten, who reside within the USD 383 district boundaries and exhibit family risk factors will be eligible. Children who are currently served by other programs featuring child development activities and parent education will not qualify for enrollment. The Parent Educator will teach child development and parenting management skills to families with children aged birth to entry to kindergarten using the home visitation model. The year long program will include 8 to 10 home visits and access to daily play groups, group meetings, development screening, newsletters, a library of books and toys, and referrals for additional services. Funds will be used to pay a half time Parent Educator providing services to 30 families with children ages birth to 5. OJJDP Model Program Guide rates Parents as Teachers a “Promising” program.

Budget:	\$14,040	Parent Educator .5 FTE
	1,264	Fringe Benefits
	500	Travel
	1,000	Training